

# Team Levels

## **National Level**

\$3,050 (16's-18's) \$2,500 (14's-15's)

### **Includes:**

Extensive Training – 2–3 practices per week, up to 9 hours of on court training. Athletes will have positional training sessions and will physically train in The Lab 1-2x weekly.

Competition Level – Attend the largest and most competitive tournaments in the region. Competition level is determined once teams are formed. Expect 9–11 play dates.

Coaching Staff - Practices are organized and run by experienced Dead Frog coaches; team coaches have extensive experience working with national level athletes. All teams will have a head coach. There will be several assistants also working with the athletes.

Uniform Package - 2 jerseys, 2 practice t-shirts, 2 pair of Spandex and a warm-up.

College Recruiting Assistance - Promotion of players to recruiters, liaison between players and recruiters, DVD sessions available for a nominal fee.



## **6-Month Regional**

\$1,985

### **Includes:**

Extensive Training – 2-3 practices per week

Competition Level – Competition level is determined once teams are formed. Expect 9-11 play dates.

Coaching Staff - Practices are organized and run by experienced Dead Frog coaches; team coaches have extensive experience working with Dead Frog athletes. All teams will have a head coach. There is also the potential to have an assistant coach at the Regional level.

Uniform Package - 2 jerseys, 2 practice t-shirts, 1 pair of Spandex and a warm-up.



# *Team Levels Cont'd*

## **3-Month Regional**

\$975 (13's-18's) \$825 (12's)

### **Includes:**

Extensive Training – 2 practices per week

Competition Level – Competition level is determined once teams are formed. Expect 4 – 5 play dates.

Coaching Staff - Practices are run by a lead coach who has extensive experience working with Dead Frog athletes. All teams will have a head coach. There is also the potential to have an assistant coach at the Regional level.

Uniform Package - 2 jerseys, 2 practice t-shirts, 1 pair of Spandex and a warm-up.



- For more information on Dead Frog Team Levels, please visit the FAQ page on our website. [www.deadfrogvolleyball/faq](http://www.deadfrogvolleyball/faq)
- Each player will be required to register for an annual AAU membership (\$14). Details will be provided post tryouts
- Payment plans are offered with an additional finance charge
- Fundraising opportunities are available